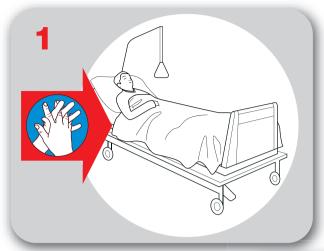
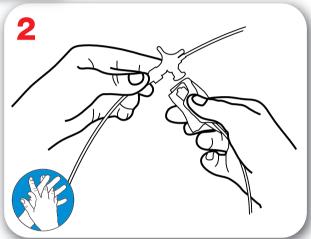
Your 5 moments for HAND HYGIENE



BEFORE PATIENT CONTACT

Clean your hands before touching a patient when approaching him or her



BEFOREAN ASEPTIC TASK

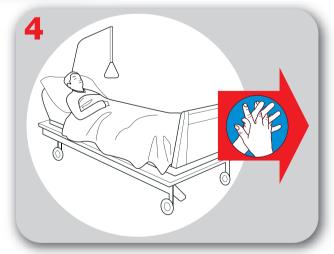
Clean your hands immediately before any aseptic task



AFTER BODY FLUID EXPOSURE RISK

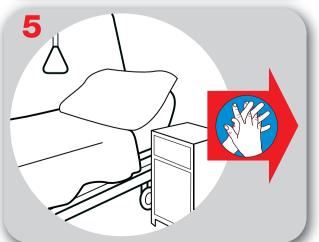
Clean your hands immediately after an exposure risk to body fluids (and after glove removal)





AFTER PATIENT CONTACT

Clean your hands after touching a patient and his or her immediate surroundings when leaving



AFTER CONTACT WITH PATIENT SURROUNDINGS

Clean your hands after touching any object or furniture in the patient's immediate surroundings, when leaving - even without touching the patient



