

Health Protection Agency

Reducing healthcare associated infections – A whole healthcare focus for residents and carers

Derek Butler
MRSA Action UK

Clean, safe care

- A clean environment
- Attention to hand hygiene
- Antibiotic prescribing

MRSA Action UK
<http://mrsaactionuk.net>

Information and Communication

- Ensures resident is well informed about what care they are receiving and why
- Increases confidence that they will be receiving planned, safe quality care

MRSA Action UK
<http://mrsaactionuk.net>

Good hand hygiene



Wet Hands

MRSA Action UK
<http://mrsaactionuk.net>

RIGHT PLACE: RIGHT TIME
HAND HYGIENE

	Soap & water	Gel
Toilet	✓	✗
Eating	✓	✗
Visiting patients	✓	✓
Medical visits	✓	✓
Coughs & sneezes	✓	✗

MRSA Action UK

Lincolnshire Care Pathway Partnership NHS

PICTORIAL CARE PATHWAY FOR PEOPLE WITH MRSA

IDENTIFYING MRSA
MRSA has been identified from swabs taken from your nose or skin. You may be cared for in a single room.

TREATING
If you are a skin carrier you will be advised to bathe or shower for 5 days using an antiseptic wash. Hair should be washed twice in this period with the same solution. To treat MRSA in your nose a nasal ointment will be applied 3 times a day for 5 days. You may be given antibiotics either orally or through a drip.

REDUCING THE SPREAD OF GERMS
Clean hands can reduce the spread of germs. Use the hand rub solution at your bedside. Rub into hands as you would when normal hand washing. There is no need to rinse off with water. The doctors and nurses will be available to answer questions. A toilet about MRSA is also available.

VISITORS
Visitors should wash their hands or use the available hand rub on entering your room and before leaving. Please ask visitors not to sit on your bed. Keep your belongings to a minimum. This makes general cleaning easier.

DISCHARGE HOME
You may be asked to continue with treatment at home.

This Pathway has been developed to give you a guideline of what to expect during your hospital stay. Variations may occur based on your individual situation.

MRSA Action UK
<http://mrsaactionuk.net>

NHS
National Patient
Safety Agency

**Your 5 moments for hand hygiene
at the point of care**

MRSA Action UK
<http://mrsaactionuk.net>

Hand hygiene

- Hand Hygiene should be a process of excellence that is the cornerstone of good infection prevention and control
- “We are what we repeat”

MRSA Action UK
Excell <http://mrsaactionuk.net>

In conclusion.....

- So anyone providing care to residents needs to be aware of good infection prevention and control, and residents' vulnerability to infection, whether this is in a care setting or helping at home, formal carers and informal carers all need to understand simple infection prevention and control
- The Infection Control Teams in the Primary Care Trust can help provide advice and there are sources of information that you can access to help on the internet too. Our good practice pages link to the Department of Health Saving Lives programme and to the National resident Safety clean your hands campaign that can help guide carers and inform residents. These can be found at <http://mrsaactionuk.net/bestpractice.html>
- Communication is key in working to reduce infections and save lives

MRSA Action UK
<http://mrsaactionuk.net>

- Thank you for listening, please contact us if you would like to hold an infection awareness event / day, or a service for those who have been affected by MRSA

World MRSA Day
October 2

MRSA Action UK
<http://mrsaactionuk.net>